

Saturday, February 11, 2012: The 8th Annual

Psycho Wyco Run Toto Run

50K, 20-Mile, and 10-Mile Trail Run

Finisher medals and meal. Mug & Technical Long-Sleeve Tee.

Name: _____

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Birth date: ____/____/____ Age on Race day: _____

Circle shirt size: XS SM MD LG XL XXL

Gender: M F

Circle Race Distance:

50-Km (\$55 before 12/01/11, \$60 until Jan 31, \$70 after)

20-mile (\$50 before 12/01/11, \$60 until Jan 31, \$70 after)

10-mile (\$50 before 12/01/11, \$60 until Jan 31, \$70 after)

WAIVER:

I know that running and volunteering in running events are potentially hazardous activities. Trail running can be hazardous, and I am fully aware of that fact. Trail running can have additional hazards, such as: low hanging branches, loose rocky surfaces, surface roots to step over, deep mud, icy surfaces, tight clearances between trees, poison ivy, wild animals, and other hazards that may not be encountered in a paved road race. I assume all risk associated with these activities. I hereby waive and release, for myself and anyone entitled to act on my behalf, the Kansas City Track Club, the Road Runners Club of America, the Trail Nerds Association, and all sponsors and race officials from all claims of any kind arising out of my participation in this event. In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and courses of action I have or may have against the "Run Toto Run" Trail Run, and its affiliates, the Kansas City Track Club, the Road Runners Club of America, the Trail Nerds Association, the City of Kansas City, the County of Wyandotte, the State of Kansas, the Unified Government of Kansas City Parks & Recreation Department, their agents, employees, officers, directors, successors and assigns, and any and all sponsors, their representatives and successors, that may arise as a result of my participation in this "Run Toto Run" Trail Run event and any pre- and post- event activities. I understand that this event may cause serious bodily harm including cuts, bruises, concussions, allergic reactions, broken bones and even death. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. I understand fully that race management can remove me from the race for any legitimate reason they see fit. Be aware that the director(s) and officials of our race event(s) or the local Parks Department Staff may postpone or cancel said event(s) for safety reasons due to severe weather, high winds, near-by lightning, or "other" serious safety issues or park business. We are not responsible for safety-related, weather-related, and "other" issues beyond our immediate control, including trail closures. Further, I hereby grant full permission to any and all of the foregoing to use any photographs or video coverage of this event for any legitimate purpose including event advertising. By signing below, I hereby acknowledge that I have read and fully understand this waiver.

Signature: _____ Date _____

Signature for Child under 18 y.o. on Feb 11, 2012:

_____ Date _____

Mail to: Trail Nerds, PO Box 3447, Shawnee, KS 66203

Contact Ben: 816-810-0440 **Web:** trailnerds.org