

2007 Summer Intro 10K Trail Run

Saturday, June 23, 2007, Shawnee Mission Park, KS

Kyle Amos, Race Director

A Kansas City Trail Nerds Event (www.psychowyco.com)

What a great trail race. We ended up with 102 trail runners (about 40 more racers than expected) who were ready for a little mud and humid weather. Over half of our entrants were race day which was a little crazy but a nice surprise. Because of the larger than expected turnout the Trail Nerds will be able to give a nice donation to the Earth Riders Mountain Bike Club to continue building and maintaining trails in the Kansas City area.

A big thanks needs to go to the following:

- Vasque trail running shoes for their sponsorship of the race. <http://www.vasque.com/>
- Red Bull
- Garry Gribbles Running Sports where packet pickup was held on Friday <http://www.garrygribbles.com/>
- All of the Trail Nerds that help with all that needs to get done before, during and after the race.
- A big thanks needs to go to Shawnee Mission Park for allowing the first event on the trails.
- Earth Riders Mountain Bike Club for building great trails all over the Kansas City area. If you are interested in helping on trail maintenance days, look for info at <http://www.earthriders.com/>
- Dick Ross was nice enough to come out and take race photos which are free to download at http://00673d3.netsolhost.com/photoalbum_index.htm/6-23smlake/index.htm
- Caleb and Sarah helped with marking the course on Friday night.
- Caleb and "Good Ben" Reeves manning the aid station in the middle of the trails which was not easy with a little wagon.
- Last but not least the registration and finish line volunteers that were all a little overwhelmed with larger than expected turnout.

Race results are attached.

Thanks for coming out,
- Kyle Amos

All Photos by Dick Ross, www.seekcrun.com



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Results:

| Place | Time | Name | M/F | Age | Comments |
|-------|----------|------------------|-----|-----|--------------------------------|
| 1 | 44:25:00 | Matt Riley | M | 19 | 1st male overall |
| 2 | 46:05:00 | Tom Kreisser | M | 37 | 2 nd male overall |
| 3 | 47:35:00 | Ankur Tarneja | M | 25 | 3rd male overall |
| 4 | 48:52:00 | Greg Buehler | M | 35 | |
| 5 | 49:55:00 | Ty Stevens | M | 31 | |
| 6 | 49:58:00 | Marvin Mastin | M | 41 | 1st male masters |
| 7 | 50:08:00 | Mark Wall | M | 36 | |
| 8 | 50:14:00 | Ryan Voss | M | 26 | |
| 9 | 50:30:00 | Lee Roger | M | 43 | 2 nd masters male |
| 10 | 51:11:00 | Dan Kuhlman | M | 53 | 3 rd masters male |
| 11 | 51:22:00 | Daniel Zehr | M | 19 | |
| 12 | 51:38:00 | Cody Jones | M | 22 | |
| 13 | 52:11:00 | Josh Pool | M | 27 | |
| 14 | 53:00:00 | Steve Riley | M | 53 | |
| 15 | 53:16:00 | Greg Burger | M | 40 | |
| 16 | 53:27:00 | Rick Mayo | M | 31 | |
| 17 | 54:14:00 | Aaron Meek | M | 34 | |
| 18 | 54:26:00 | Luke Austell | M | 41 | |
| 19 | 54:28:00 | Ryan Francis | M | 24 | |
| 20 | 54:30:00 | Richard Sigel | M | 39 | |
| 21 | 54:39:00 | Wes Brown | M | 24 | |
| 22 | 55:45:00 | Shane Jones | M | 32 | |
| 23 | 56:05:00 | Stuart Johnson | M | 47 | |
| 24 | 56:10:00 | Josh Weber | M | 32 | |
| 25 | 56:43:00 | Gibe Bevin | M | 34 | |
| 26 | 56:55:00 | Brent Walker | M | 45 | |
| 27 | 57:07:00 | John King | M | 34 | |
| 28 | 57:50:00 | Rich McNally | M | 48 | |
| 29 | 58:06:00 | April One | F | 15 | 1st female overall |
| 30 | 58:15:00 | Steve Knox | M | 25 | |
| 31 | 58:22:00 | Keith Dowell | M | 53 | |
| 32 | 58:43:00 | Brian Charlton | M | 24 | |
| 33 | 58:49:00 | Rob Clower | M | 47 | |
| 34 | 59:04:00 | Gene Wee | M | 50 | |
| 35 | 59:13:00 | Geoff Clark | M | 36 | |
| 36 | 59:33:00 | Jackie Jackson | F | 39 | 2 nd Female Overall |
| 37 | 1:01:15 | Gary Henry | M | 50 | |
| 38 | 1:01:35 | Robin Haberstroh | M | 26 | |
| 39 | 1:02:16 | Shawn Beeton | M | 36 | |

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|----|---------|-----------------|---|----|---|
| 40 | 1:02:21 | Travis Spears | M | 30 | |
| 41 | 1:02:26 | David French | M | 38 | |
| 42 | 1:02:28 | Lance Calvert | M | 36 | |
| 43 | 1:02:45 | Steve Fox | M | 15 | ???? |
| 44 | 1:02:46 | Mark Wozny | M | 25 | |
| 45 | 1:02:49 | Steve Meyer | M | 40 | |
| 46 | 1:02:53 | Mac Bishop | M | 31 | |
| 47 | 1:03:09 | Greg Fox | M | 45 | ???? |
| 48 | 1:03:10 | Sally Sack | F | 18 | 3 rd Female Overall |
| 49 | 1:03:35 | Stepanie Astell | F | 44 | 1st female masters |
| 50 | 1:04:20 | Brent Patterson | M | 35 | |
| 51 | 1:04:26 | Emily Horn | F | 30 | |
| 52 | 1:04:32 | Eric Williams | M | 25 | |
| 53 | 1:05:33 | Dustin Yantzi | M | 15 | |
| 54 | 1:05:39 | James Megerson | M | 41 | |
| 55 | 1:06:06 | Carrie Bishop | F | 30 | |
| 56 | 1:06:19 | Greg Fox | M | 45 | |
| 57 | 1:06:44 | Fritz Menninger | M | 50 | |
| 58 | 1:07:13 | David Hoefer | M | 48 | |
| 59 | 1:07:36 | Rick Roeber | M | 51 | 1 st Overall Barefoot Runner |
| 60 | 1:07:59 | Dan Scheoph | M | 45 | |
| 61 | 1:08:00 | Dan Saale | M | 47 | |
| 62 | 1:08:19 | Ricardo Mejia | M | 49 | |
| 63 | 1:08:43 | Jay Mooney | M | 38 | |
| 64 | 1:08:56 | Michael Gleeson | M | 38 | |
| 65 | 1:09:09 | Kelli Conway | F | 24 | |
| 66 | 1:09:36 | Deb Johnson | F | 47 | 2 nd Female Masters |
| 67 | 1:10:17 | Bob Malkames | M | 62 | |
| 68 | 1:10:18 | Mark Stovall | M | 39 | |
| 69 | 1:10:26 | Kami Bates | F | 34 | |
| 70 | 1:11:18 | Tracey Groff | F | 37 | |
| 71 | 1:12:31 | Brad Stephenson | M | 43 | |
| 72 | 1:13:03 | Heather Wyckoff | F | 35 | |
| 73 | 1:14:01 | Michael Smith | F | 28 | |
| 74 | 1:14:21 | Christine Cowan | F | 28 | |
| 75 | 1:14:56 | Krista Stigall | F | 37 | |
| 76 | 1:14:58 | Sarah Sinning | F | 23 | |
| 77 | 1:15:32 | Edgy Sack | F | 47 | 3 rd Female Masters |
| 78 | 1:16:16 | Wes Rains | M | 50 | |
| 79 | 1:16:40 | Matt Ernst | M | 45 | |
| 80 | 1:18:04 | Niki Morris | F | 24 | |

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|-----|---------|-------------------|---|----|--|
| 81 | 1:18:26 | Julie Funk | F | 43 | |
| 82 | 1:18:27 | MK Thompson | F | 43 | |
| 83 | 1:18:37 | Deanne Yates | F | 46 | |
| 84 | 1:19:11 | Trish Williams | F | 42 | |
| 85 | 1:19:13 | Dan Yates | M | 50 | |
| 86 | 1:19:50 | Joseph Loranger | M | 44 | |
| 87 | 1:23:55 | Beatty Suiter | M | 34 | |
| 88 | 1:25:10 | Constance Tieghi | F | 37 | |
| 89 | 1:26:05 | Amy Suiter | F | 34 | |
| 90 | 1:26:06 | Amy West | F | 35 | |
| 91 | 1:26:07 | Karna Pfofner | F | 48 | |
| 92 | 1:26:37 | Susan Robinette | F | 62 | |
| 93 | 1:30:50 | Stacey Amos | F | 32 | |
| 94 | 1:30:50 | Dan Suiter | M | 62 | |
| 95 | 1:31:17 | Rick Christmann | M | 54 | |
| 96 | 1:32:50 | Joseph Rooney | M | 36 | |
| 97 | 1:34:10 | Megan Jenson | F | 26 | |
| 98 | 1:35:37 | Nicole Rooney | F | 34 | |
| 99 | 1:35:39 | Nicolette Cumming | F | 17 | |
| 100 | 1:46:27 | Laura Gawecki | F | 44 | |
| 101 | 1:48:53 | Beth Hilt | F | 48 | |